

SCHEDULE 2,5km

Day	Hour	Activity	Location
Friday 13th September	De 17h a 21h	Swimmers Collect Bags	Paseo Cadaqués
	19:00h	Briefing in catalan and french	Paseo Cadaqués
	20:30h	Briefing in spanish and english	Paseo Cadaqués
Saturday 14th September	9:00h a 10:30h	Swimmers Collect Bags	Plaza Cadaqués
	11:00h	Walking transfer from Cadaqués to Caials	Caials
	11:30h	Swimmers' gathering in Caials	Caials
	De 12:00h a 12:15h	Warm-up time	Caials
	De 12:15h a 12:30h	Last instructions	Caials
	12:30h	Start (there will be 2 starts to facilitate the swim for participants)	Caials
	12:42h	First swimmer passing through Refresment Station	1000m
	12:52h	First swimmer finishes	Playa Gran
	13:00h	Time limit for passing through Refresment Station	1000m
	13:45h	Last swimmer finishes	Playa Gran
	14:30h	Awards Ceremony	Paseo Cadaqués
20:30h	Award Cermony for the VIII Copa Marnaton eDreams and concert.	Paseo Cadaqués	

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