

## SCHEDULE 6,5km

| Day                                    | Time                   | Activity  | Location              |
|--|------------------------|---|-----------------------|
| Friday, 13 <sup>th</sup> of September  | <b>From 17h to 21h</b> | Swimmers Collect Bags   | Paseo Cadaqués        |
|  | 19:00h                 | Briefing in Catalan and French  | Paseo Cadaqués        |
|  | From 20:30h            | Briefing in Spanish and English   | Paseo Cadaqués        |
| Saturday 14 <sup>th</sup> of September | From 7:00h to 8:00h    | Swimmers Collect Bags   | Paseo Cadaqués        |
|  | From 7:30h to 8:30h    | Cloakroom   | Beach Casino Cadaqués |
|  | 8:00h                  | Boat transfer Cadaqués to Cap de Creus experts and advanced                       | Beach Casino Cadaqués |
|  | 8:30h                  | Boat transfer Cadaqués to Cap de Creus populars                                   | Beach Casino Cadaqués |
|  | 9:00                   | Disembarkation of experts and advanced  | Cala Jugadora         |
|  | 9:35h                  | Disembarkation of populars  | Cala Jugadora         |
|  | 9:30h and 9:50h        | 1 <sup>o</sup> Start expert and advanced swimmers and 2nd start popular swimmers. | Cala Jugadora         |
|  | 10:20h                 | First swimmer passing through Refreshment Station 1                               | 3000m                 |
|  | 10:42h                 | First swimmer passing through Refreshment Station 2                               | 5000m                 |
|  | 10:58h                 | First swimmer finishes  | Playa Gran            |
|  | 11:15h                 | Time limit for passing through Refreshment Station 1                              | 3000m                 |
|  | 12:15h                 | Time limit for passing through Refreshment Station 2                              | 5000m                 |
|  | 13:15h                 | Last swimmer finishes   | Gran Beach            |
|  | 14:30h                 | Award Ceremony  | Paseo Cadaqués        |
|  | 20:30h                 | Awards Ceremony VIII MARNATON eDreams Cup and Concert                             | Paseo Cadaqués        |

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