

## Rules for MARNATON eDreams 2019

### Distance S (-3km)

We must remind all participants of the importance of respecting the environment around us at all times, and therefore helping to protect it.

MARNATON requests everyone's cooperation in leaving no trace of our presence behind and, after the event, to leave the area in a better condition than we found it.

As an open water swimmer you respect and protect the environment.

#### **1. Requirements for participants**

- It is possible for individuals of any nationality to participate, irrespective of whether they are members of clubs.
- Event authorised for people over the age of 18 born from 2001.
- Underage participants born from 2005 should upload to the registration platform the following documentation: permission from a parent or guardian and a brief background of your sporting activity signed by a swim coach which shows that you are prepared for the event. When the documents have been submitted, the organisation will use technical criteria to decide whether or not to authorise the participation of the minor.
- You must know and accept the conditions of these rules.
- You must have successfully completed all of the steps and met all of the requirements for signing up.
- Accept the disclaimer and declaration of physical fitness which appear on the registration form.
- All the information required in the registration process must be true. The organization won't be held responsible of falsehoods or errors that the participant might do at the time of registration.
- Registration for the event is personal and non-transferable and implies the acceptance of these rules.

#### **2. Registration**

You can only register via the Marnaton website at ([www.marnatonedreams.com](http://www.marnatonedreams.com))

- **Closing date for registration:** up to 10 days and 1 week prior to the date of the event or when the maximum number of participants has been reached.
- **It includes:**
  - Accident insurance.
  - Medical assistance during the journey (vessels with health personnel and rescuers) and upon arrival (field hospital).
  - Refreshment station upon arrival.
  - Swimming cap for the event.
  - Event t-shirt.
  - Sponsor Gift.
  - Massage Service at the Finish.
  - Cloakroom.
  - Chip ranking and timing.

- Trophies for absolute winners.
  - Medals for the top three women and men in each category.
- **Management of withdrawals:** The organization offers the participant the possibility of hiring a cancellation insurance during the registration process. In case of not contracting this insurance there won't be any devolution **in any case**, including injuries, accidents, trips...etc.
  - **Changing of name:** The organization offers a service for changing the name of a subscription for a 10€ fee to cover the paperwork until 20 days before the beginning.
  - **Change to distance:** will be made as long as there are places left in the requested distance and only up to 20 days prior to the event. If the change is from short distance to long distance the difference in fee must be paid; if the change is from long distance to short distance no refund will be given.
  - **Change to challenge:** Under no circumstance will we allow changes from one challenge to another, nor from this year or the following edition. The organization will offer all participants the possibility of having 50% of the registration fee repaid if they are unable to attend the next date specified by the organization.
  - **Cancellation of the challenge:** if the organization has to cancel the challenge or change the course or timings due to adverse conditions or force majeure beyond its control, in no event will the registration fee be refunded. The event will not be postponed to another date nor will participants be refunded their registration fee.
  - **Maximum number of places:** the organisation keeps 25 places for its commitments to sponsors and partners. The organisation reserves the right to increase or reduce the number of places for safety reasons or other reasons which may affect the smooth running of the race. In any event, any changes which be announced well in advance on the website and social networks.

### 3. Chip

It is compulsory to use the chip to participate in the event. The chip can be:

- **A white chip**, single-use and returnable: the organisation will provide it at a price of €3 (VAT included).
- **Yellow chip (Championchip)** When registering, you must specify the serial number on the form.
- If a participant loses his/her chip, he/she will not appear in the rankings even if he/she provides evidence and/or visual material showing his/her position and time. Nor will he/she have the right to overall or category prizes. No claims will be accepted in this respect.

### 4. Collection of swimmers bag

- To collect their bib number, the participant will need to show their ID CARD, PASSPORT or TAX ID CARD.
- When collecting bib numbers you must collect: Cap, Chip, Event T-shirt, Wet Bag for the Cloakroom.

### 5. Cloakroom

The swimmer must use the Wet Bag, identified with their bib number, which the organisation will provide for them to keep their personal belongings. The Wet Bag must be left at the designated point before the start of the race.

To retrieve their bag, which is looked after by the event organisers near to the finish, the swimmer must show their cap and their bib number.

The bags in the cloakroom will be watched over at all times. The organisation will not be held responsible for the misplacement or loss of the swimmers' personal belongings. To prevent this from happening, please do not place any valuable items in the cloakroom bags which the swimmers have to leave on the beach.

## **6. Transport**

Members will be in charge of the trips to the starting line. The organisation will have staff to guide swimmers to the finish.

## **7. Compulsory technical kit**

All participants are obliged to wear the following items, which may be checked at the starting point and/or any point of the race.

Compulsory kit:

- Bathing suit.
- Swimming goggles.
- Cap provided by the organisation with your bib number.
- Chip provided by the organization (or by the owner if you pointed it out during the subscription process) and correctly placed (ankle).

Optional material:

- Neoprene wetsuit. The organization recommends the long-sleeved wetsuits typically used for triathlons. In the case of wanting to participate without neoprene, it must be stated at the time of registration. Although no ranking will be available in this category (except in Barcelona).

Additionally, the organisation advises that you also bring the following items:

- Vaseline or oil to avoid abrasion
- Sun-cream
- Whistle.

The organisation may add more compulsory items which are not included in this section. In that event, participants will be given plenty of warning via the website or an email.

## **8. Starting Point**

- The organization reserves the right to arrange different starts depending on the number of participants. The criteria used to arrange these starts will always be the swimmer level given by the swimmer at the time of registration. (expert, advanced or ordinary).

- There will be a chip and time control point at the starting point and another at the finish line. A failure to step on the mat at either of the points will result in disqualification.

## **9. Route and Buoys**

The organisation will place buoys at every 500m of the route, adding additional signs at the more difficult points which are harder to navigate. The swimmers must always swim between the buoys and the coast, to guarantee their safety.

So that the event runs smoothly, the organisation reserves the right to fully and/or partially change where it places the buoys, in the event of currents and/or the wind making it necessary to change the original route. You will be informed of these changes beforehand, in the briefing.

## **10. Support Vessels and Kayaks**

The swimmers will be monitored from kayaks and support vessels, to ensure their safety.

### **10.1. Kayaks**

At all times the swimmers must follow the line of kayaks which will guide them throughout the crossing.

All kayaks are marked with brightly-coloured lifejackets attached to help the swimmers to swim in the right direction.

### **10.2. Support Vessels**

The motorised support vessels, marked with a BLUE flag, will supervise the event, but always from a safe distance. There will be general-purpose support vessels to cover safety during the crossing, and vessels which have medically-trained crews.

## **11. Refreshments**

There will be liquid and food provisioning at the end of the event.

## **12. Withdrawal**

If a Participant decides to withdraw, we recommend:

1. Requesting help by lifting one or both arms.
2. The closest Kayak will assist you while you wait to be picked up.

The organisation reserves the right to force the swimmer to withdraw from the event:

- Whenever a swimmer shows signs of extreme tiredness, dehydration, hypothermia, is swimming at an extremely slow pace or has any abnormal symptoms which prevent them from swimming normally.
- If the swimmer fails to comply with any of the regulations which govern these rules (see section on Disqualifications)
- When the obligatory cut-off time at the start of each event has passed.

### **13. Evacuation**

- In the event of adverse conditions and/or force majeure, the organisation will be forced to cancel the event and evacuate all participants.
- If a participant has to be evacuated, the organization will establish one or more points of evacuation with medical assistance depending on the itinerary.

### **14. Penalties**

TYPE OF FAULT	PENALTIES
Disposing of rubbish in unauthorised areas or any kind of behaviour which does not respect the natural environment	Disqualification
Unsporting behaviour towards other athletes or the organisation	Disqualification
Lack of compulsory equipment	Disqualification
Participating in the event without having signed up	Expulsion and a ban on participating in future events
Participating with someone else's bib number	Disqualification
Not passing the obligatory chip control points (starting point, end point, mid-point if any)	Disqualification
Not following the route marked out by the organisation	Disqualification or time penalty depending on severity
Failure to assist another person	Disqualification
Withdrawal without informing the organisation of your withdrawal	Ban on participating in future events
Not following orders from stewards or medical staff	Disqualification
Climbing into a support vessel, kayak or refreshment boat	Disqualification
Exceeding the maximum permitted swimming time	Disqualification and should give up the event in a boat of the organization

The organisation reserves the right to penalise any form of behaviour not contained on the above list of faults which violates the provisions of these rules.

### **15. Change to the route(s) and/or suspension of the crossing.**

For reasons of force majeure beyond its control, the organisation reserves the right to suspend, divert, neutralise or change the event's time slots and/or courses and refreshments. (See PDF of alternative plans).

This decision will be taken by a technical committee, agreeing with maritime authorities taking into account safety. As well as respecting the conditions to which the permits are subject.

They can be reason for plan B or cancellation:

1. Wave of a significant height of more than 0.8 meters.
2. Winds of more than 15 knots (no gusts). Whenever the direction of the wind affects the route.
3. Visibility less than one nautical mile.
4. Jellyfish plague.
5. Electrical storm.
6. Any other reason that the organization believes that does not guarantee the safety of the participants or the security measures.

## **16. Ranking System**

When the event is over, the swimmer will have half an hour for possible changes to and/or disputes over the ranking before prizes are awarded.

### **16.1. Event**

Each participant will be ranked according to the time it took them to reach the finish line.

### **16.2. MARNATON eDreams Cup by VW California**

Event which counts for the Cup, using the following formula:

Distance XL (+10km): (Winners time/ swimmers time) \*1200= n<sup>o</sup> points  
Distance L (between 10km and 5km): (Winners time / swimmers time) \*1000 = n<sup>o</sup> points  
Distance M (between 5km and 3km): (Winners time / swimmers time) \* 800 = n<sup>o</sup> points  
Distance S (less than 3km): (Winners time / swimmers time) \* 600 = n<sup>o</sup> points

The result of the classification of the Cup will be the sum of the score of the different races of the MARNATON circuit, adding up to only the three best scores obtained. Therefore, if you participate in all the races, the worst score will be dismissed.

### **16.3. 2019 categories**

Trophies will be given to the first three overall finishers.

The first three overall finishers (male and female) will be excluded from the ranking in their age categories.

The top three, both men and women, of each age category will receive a medal.

The category trophies and medals will only be collected during the event's awards ceremony.

- Overall
- JUNIOR (Born in 2002 or later)
- +18 (born between 2000 and 1989)
- +30 (born between 1988 and 1979)
- +40 (born between 1978 and 1969)

- +50 (born between 1968 and 1959)
- +60 (Born in 1958 and earlier.)

## **17. Disclaimer and Declaration of Physical Fitness**

- Registering for the event implies the participant's acceptance of the rules and that they are properly prepared for the crossing, being aware of the severe weather conditions which can be found in the area where the race is being held. Consequently, the participant holds harmless the organisation for any possible health problems which may arise as a result of their participation in the race.
- Participants registered in the event understand that they are taking part in the competition voluntarily and at their own risk and, therefore, they release the Organisers of the event of all liabilities and agree not to bring any cases against the organisers, partners, sponsors and other participants, or to make any claim of civil liability against the foregoing parties. For this purpose, when registering, the participant must tick the box to accept the disclaimer to complete their registration.
- The organisation recommends that all swimmers do a 3000m test in a swimming pool. Ideally this will be completed in less than 60 minutes, and no more than 70, to be able to successfully complete the crossing.
- The organisation does not recommend participating in the event if the result of the 3000m test in the swimming pool is a time over 70 minutes.

## **18. Medical questionnaire**

All participants must complete a questionnaire about Medical information. In the case of answering affirmatively any of the questions, to be able to participate it will be indispensable to upload the required medical certificate to the platform.

- The certificate must be completed by a qualified doctor, with signature and number of collegiate.
- It will specify the tests that the doctor has estimated that by age or risk have been carried out.
- The participant declares that all the information presented in the medical certificate is true.

## **19. Changes to the rules**

If the organisation considers it to be necessary, it may change these rules. Due notice of the changes will be given to the participants. Registration implies acknowledgement and acceptance of these rules.

## **20. Image rights**

The organizing body reserves the right to use any type of photograph, film or recording that it takes, as long as it is related to participation in the event. The organizing body exclusively reserves the right over the image of the MARNATON challenges, as well as of the audio-visual, photographic and journalistic exploitation of the competition.

In accordance with the provisions of article 21 of Law 34/2002 on Information Society Services and Electronic Commerce (Servicios de la Sociedad de la Información y el Comercio Electrónico), we request your consent to carry out marketing communications which we consider may be of interest to you, by email or by any any other method of equivalent electronic communication.

Any media or marketing project will have to have the organization's prior express consent in writing. Otherwise, all legal actions will be taken that are considered to be relevant.

## **21. Data protection**

**Data protection.** In compliance with the provisions of the General Ruling of *Data Protection 976/2016*, MM MARNATON 2008 S.L. (hereinafter referred to as MARNATON) with Tax Identification Code: B64835390, informs you that the personal data that you provided on the registration form on the website: [www.marnatonedreams.com](http://www.marnatonedreams.com) is incorporated into an automated file which MARNATON is responsible for; the purpose of this file is to administer and manage your participation in the event.

In any case, you may withdraw your consent at any given time and exercise your rights of access, rectification, cancellation and objection, by writing for this purpose to MARNATON using the email address [eventos@marnaton.com](mailto:eventos@marnaton.com).