

SCHEDULE 6km.

Day	Time	Activity	Location
Friday 28 th of June	17:00 to 20:00	Swimmers Collect Bags	Juli Garreta Garden
	20:00	Briefing	Juli Garreta Garden
Saturday 29 th of June	7:30 to 8:30	Swimmers Collect Bags	Juli Garreta Garden
	8:30	Swimmers transferred to Canyet	Juli Garreta Garden
	10:00	Start	Canyet
	11:00	Time limit for passing through Refreshment Station 1	Punta d'en Bosch (2000m)
	11:00	First swimmer finishes	Sant Feliu de Guíxols beach
	12:10	Time limit for passing through Refreshment Station2	Cala Vigatà (4200m)
	13:00	Last swimmer finishes	Sant Feliu de Guíxols beach
	12:00	Kids	Sant Feliu de Guíxols beach
	12:00 to 15:00	Butifarrada	Juli Garreta Garden
	14:30	Award ceremony	Juli Garreta Garden

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